Appendix 1 - Supplementary Table 1. Percent of usual vitamin D intakes above the Tolerable Upper Intake Level (UL) stratified by sex and age subgroups based on modeling both full fortification (FF) and mature market (MM) scenarios*.

| Sex | Age (y) | Model $1^{\dagger}$FF | Model $2^{\ddagger}$ |  | Model 3§ |  | Model $4^{\text {II }}$ |  | Model ${ }^{17}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | FF | MM | FF | MM | FF | MM | FF | MM |
| Both | 1 to 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 4 to 8 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Male |  |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 14 to 18 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 19 to 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 31 to 50 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 51 to 70 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | $>70$ | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | $\geq 19$ | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Female |  |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 14 to 18 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 19 to 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 31 to 50 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | 51 to 70 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | $>70$ | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  | $\geq 19$ | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

* Model 1 is the comparison model and therefore based on full fortification scenario; in Models 2-5, mature market scenarios were used assuming fortification of $33 \%$ of cheeses and yogurts; model scenarios were conducted using Schedule M reference amounts ${ }^{33}$ as the serving size. Standard errors are zero for all estimates and therefore not shown.
$\dagger$ This model served as the baseline model and it included current vitamin D fortification practices and the 2011 Interim Market Authorization, i.e. simulation of yeast-leavened bakery products to contain $2.25 \mu \mathrm{~g}$ of vitamin D per 100 g of product.
$\ddagger$ Milk was simulated at $2.7 \mu \mathrm{~g}$ of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $1.25 \mu \mathrm{~g}$ of vitamin D per serving.
§Milk, cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.
${ }^{11}$ Milk was simulated at $6.75 \mu$ g of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.

9 Milk, cheeses and yogurts were simulated to contain $6.75 \mu \mathrm{~g}$ of vitamin D per serving.

Appendix 1 - Supplementary Table 2. Distribution of vitamin D intakes for Model 1* stratified by sex and age subgroups based on modeling full fortification scenario.

|  |  |  | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sex | Age | n | 5th (SE ${ }^{\dagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 2.7 (0.2) | 3.5 (0.2) | 5.1 (0.2) | 7.0 (0.2) | 9.2 (0.2) | 11.7 (0.3) | 13.5 (0.5) |
|  | 4 to 8 | 3343 | 3.4 (0.1) | 4.0 (0.1) | 5.2 (0.1) | 6.6 (0.1) | 8.5 (0.2) | 10.6 (0.3) | 12.2 (0.4) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 4.1 (0.2) | 4.8 (0.2) | 6.2 (0.2) | 8.0 (0.2) | 10.3 (0.3) | 12.6 (0.4) | 14.3 (0.5) |
|  | 14 to 18 | 2397 | 3.9 (0.2) | 4.7 (0.2) | 6.4 (0.2) | 8.7 (0.3) | 11.7 (0.4) | 15.2 (0.5) | 17.8 (0.8) |
|  | 19 to 30 | 1897 | 3.2 (0.3) | 3.8 (0.3) | 5.0 (0.3) | 6.5 (0.3) | 8.8 (0.4) | 11.5 (0.6) | 13.6 (0.9) |
|  | 31 to 50 | 2750 | 3.3 (0.2) | 3.9 (0.2) | 5.1 (0.2) | 6.7 (0.2) | 9.1 (0.3) | 12.0 (0.6) | 14.2 (0.9) |
|  | 51 to 70 | 2725 | 3.6 (0.2) | 4.2 (0.2) | 5.5 (0.3) | 7.7 (0.4) | 11.0 (0.7) | 15.5 (1.2) | 19.2 (1.7) |
|  | $>70$ | 1601 | 3.4 (0.2) | 3.9 (0.3) | 5.1 (0.3) | 6.9 (0.4) | 9.4 (0.6) | 13.0 (0.9) | 16.0 (1.3) |
|  | 19+ | 8973 | 3.3 (0.1) | 4.0 (0.1) | 5.1 (0.1) | 6.9 (0.2) | 9.6 (0.3) | 13.0 (0.5) | 15.8 (0.7) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 3.2 (0.2) | 3.8 (0.2) | 4.9 (0.2) | 6.3 (0.2) | 8.3 (0.3) | 10.5 (0.4) | 12.0 (0.5) |
|  | 14 to 18 | 2346 | 2.2 (0.2) | 2.8 (0.2) | 4.1 (0.2) | 5.7 (0.2) | 7.9 (0.3) | 10.5 (0.5) | 12.5 (0.6) |
|  | 19 to 30 | 1915 | 2.4 (0.2) | 2.9 (0.2) | 3.8 (0.2) | 5.1 (0.2) | 6.8 (0.3) | 8.9 (0.4) | 10.5 (0.6) |
|  | 31 to 50 | 2851 | 2.8 (0.2) | 3.3 (0.2) | 4.2 (0.2) | 5.6 (0.3) | 7.8 (0.5) | 10.8 (1.0) | 13.1 (1.4) |
|  | 51 to 70 | 3407 | 2.6 (0.2) | 3.0 (0.2) | 4.0 (0.2) | 5.4 (0.2) | 7.6 (0.4) | 10.6 (0.8) | 13.0 (1.2) |
|  | $>70$ | 2769 | 3.1 (0.3) | 3.6 (0.3) | 4.6 (0.5) | 6.4 (0.8) | 8.9 (1.1) | 12.1 (2.7) | 14.7 (2.9) |
|  | 19+ | 10942 | 2.7 (0.1) | 3.2 (0.1) | 4.1 (0.1) | 5.5 (0.1) | 7.6 (0.2) | 10.5 (0.5) | 12.7 (0.7) |

*This model served as the baseline model and it included current vitamin D fortification practices and the 2011 Interim Market Authorization, i.e. simulation of yeast-leavened bakery products to contain $2.25 \mu \mathrm{~g}$ of vitamin D per 100 g of product.
${ }^{\dagger}$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 3. Distribution of vitamin D intakes for Model 2* stratified by sex and age subgroups based on modeling full fortification scenario.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE ${ }^{\dagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 3.6 (0.2) | 4.5 (0.2) | 6.2 (0.2) | 8.1 (0.2) | 10.4 (0.2) | 13.0 (0.4) | 14.8 (0.5) |
|  | 4 to 8 | 3343 | 4.4 (0.2) | 5.1 (0.2) | 6.4 (0.1) | 7.9 (0.2) | 9.9 (0.2) | 12.1 (0.3) | 13.7 (0.4) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 5.1 (0.2) | 5.9 (0.2) | 7.4 (0.2) | 9.5 (0.2) | 11.9 (0.3) | 14.6 (0.5) | 16.4 (0.6) |
|  | 14 to 18 | 2397 | 5.1 (0.3) | 6.1 (0.3) | 8.0 (0.3) | 10.5 (0.3) | 13.7 (0.4) | 17.5 (0.6) | 20. (0.8) |
|  | 19 to 30 | 1897 | 4.2 (0.3) | 5.0 (0.3) | 6.3 (0.3) | 8.0 (0.3) | 10.6 (0.4) | 13.6 (0.7) | 15.7 (0.9) |
|  | 31 to 50 | 2750 | 4.0 (0.3) | 4.7 (0.3) | 6.1 (0.2) | 7.9 (0.3) | 10.7 (0.4) | 14.2 (0.7) | 17.0 (1.0) |
|  | 51 to 70 | 2725 | 4.3 (0.3) | 4.9 (0.3) | 6.3 (0.3) | 8.6 (0.4) | 12.1 (0.7) | 16.6 (1.2) | 20.3 (1.7) |
|  | >70 | 1601 | 3.6 (0.3) | 4.3 (0.3) | 5.6 (0.3) | 7.6 (0.4) | 10.3 (0.6) | 14.2 (1.0) | 17.4 (1.4) |
|  | 19+ | 8973 | 4.0 (0.1) | 4.8 (0.1) | 6.1 (0.1) | 8.1 (0.2) | 11.0 (0.3) | 14.9 (0.5) | 17.9 (0.7) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 4.1 (0.2) | 4.7 (0.2) | 6.0 (0.2) | 7.6 (0.2) | 9.7 (0.3) | 11.9 (0.4) | 13.5 (0.5) |
|  | 14 to 18 | 2346 | 3.1 (0.2) | 3.8 (0.2) | 5.2 (0.2) | 7.0 (0.2) | 9.3 (0.3) | 12.1 (0.5) | 14.2 (0.6) |
|  | 19 to 30 | 1915 | 3.1 (0.2) | 3.7 (0.2) | 4.8 (0.2) | 6.3 (0.2) | 8.3 (0.3) | 10.5 (0.4) | 12.1 (0.6) |
|  | 31 to 50 | 2851 | 3.5 (0.2) | 4.1 (0.2) | 5.2 (0.2) | 6.8 (0.3) | 9.3 (0.5) | 12.3 (0.9) | 14.6 (1.4) |
|  | 51 to 70 | 3407 | 3.2 (0.2) | 3.8 (0.2) | 4.8 (0.2) | 6.4 (0.2) | 8.7 (0.4) | 11.8 (0.8) | 14.3 (1.2) |
|  | >70 | 2769 | 3.6 (0.3) | 4.2 (0.3) | 5.4 (0.5) | 7.2 (0.8) | 10.0 (0.9) | 13.6 (1.3) | 16.5 (1.7) |
|  | 19+ | 10942 | 3.4 (0.1) | 3.9 (0.1) | 5.1 (0.1) | 6.6 (0.2) | 9.0 (0.3) | 12.0 (0.5) | 14.3 (0.7) |

*Milk was simulated at $2.7 \mu \mathrm{~g}$ of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $1.25 \mu \mathrm{~g}$ of vitamin D per serving.
${ }^{\dagger}$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 4. Distribution of vitamin D intakes for Model 2* stratified by sex and age subgroups based on modeling mature market scenario ${ }^{\dagger}$.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE $\ddagger$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 3.1 (0.2) | 3.9 (0.2) | 5.5 (0.2) | 7.3 (0.2) | 9.6 (0.2) | 12.2 (0.4) | 14.0 (0.5) |
|  | 4 to 8 | 3343 | 3.9 (0.2) | 4.5 (0.2) | 5.7 (0.1) | 7.1 (0.1) | 9.0 (0.2) | 11.1 (0.3) | 12.6 (0.4) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 4.6 (0.2) | 5.3 (0.2) | 6.7 (0.2) | 8.5 (0.2) | 10.8 (0.3) | 13.2 (0.4) | 15.0 (0.6) |
|  | 14 to 18 | 2397 | 4.3 (0.2) | 5.2 (0.2) | 6.9 (0.2) | 9.3 (0.3) | 12.4 (0.4) | 16.0 (0.5) | 18.6 (0.7) |
|  | 19 to 30 | 1897 | 3.6 (0.3) | 4.3 (0.3) | 5.5 (0.3) | 7.1 (0.3) | 9.4 (0.4) | 12.3 (0.6) | 14.3 (0.9) |
|  | 31 to 50 | 2750 | 3.5 (0.2) | 4.2 (0.2) | 5.4 (0.2) | 7.1 (0.3) | 9.7 (0.4) | 13.1 (0.7) | 15.7 (1.1) |
|  | 51 to 70 | 2725 | 3.8 (0.2) | 4.5 (0.2) | 5.8 (0.3) | 8.0 (0.4) | 11.3 (0.7) | 15.9 (1.2) | 19.6 (1.7) |
|  | >70 | 1601 | 3.5 (0.3) | 4.1 (0.3) | 5.3 (0.3) | 7.2 (0.4) | 9.9 (0.6) | 13.6 (0.9) | 16.9 (1.3) |
|  | 19+ | 8973 | 3.6 (0.1) | 4.3 (0.1) | 5.5 (0.1) | 7.3 (0.2) | 10.1 (0.3) | 13.8 (0.5) | 16.7 (0.7) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 3.5 (0.2) | 4.1 (0.2) | 5.2 (0.2) | 6.8 (0.2) | 8.8 (0.3) | 10.9 (0.4) | 12.4 (0.5) |
|  | 14 to 18 | 2346 | 2.5 (0.2) | 3.2 (0.2) | 4.4 (0.2) | 6.1 (0.2) | 8.4 (0.3) | 11.1 (0.5) | 13.1 (0.6) |
|  | 19 to 30 | 1915 | 2.7 (0.2) | 3.2 (0.2) | 4.2 (0.2) | 5.5 (0.2) | 7.3 (0.3) | 9.4 (0.4) | 10.9 (0.6) |
|  | 31 to 50 | 2851 | 3.0 (0.2) | 3.5 (0.2) | 4.5 (0.2) | 6.0 (0.3) | 8.4 (0.5) | 11.4 (0.9) | 13.7 (1.4) |
|  | 51 to 70 | 3407 | 2.8 (0.2) | 3.3 (0.2) | 4.3 (0.2) | 5.8 (0.2) | 8.0 (0.4) | 11.1 (0.8) | 13.6 (1.2) |
|  | >70 | 2769 | 3.2 (0.3) | 3.8 (0.3) | 4.9 (0.4) | 6.7 (0.7) | 9.4 (0.9) | 13.0 (1.3) | 16.0 (1.8) |
|  | 19+ | 10942 | 2.9 (0.1) | 3.4 (0.1) | 4.4 (0.1) | 5.9 (0.2) | 8.1 (0.3) | 11.1 (0.5) | 13.5 (0.7) |

*Milk was simulated at $2.7 \mu \mathrm{~g}$ of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $1.25 \mu \mathrm{~g}$ of vitamin D per serving.
†Under mature market scenario, $33 \%$ of cheeses and yogurts were assumed to be vitamin D fortified.
$\ddagger$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 5. Distribution of vitamin D intakes for Model 3* stratified by sex and age subgroups based on modeling full fortification scenario.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE ${ }^{\dagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 5.6 (0.4) | 6.9 (0.3) | 9.5 (0.3) | 12.2 (0.3) | 15.8 (0.4) | 19.9 (0.6) | 22.7 (0.8) |
|  | 4 to 8 | 3343 | 6.6 (0.3) | 7.7 (0.3) | 9.6 (0.2) | 12.1 (0.3) | 15.2 (0.4) | 18.5 (0.6) | 20.8 (0.7) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 7.2 (0.4) | 8.4 (0.4) | 10.7 (0.4) | 13.9 (0.4) | 17.8 (0.5) | 21.9 (0.7) | 24.7 (0.8) |
|  | 14 to 18 | 2397 | 7.6 (0.5) | 9.2 (0.5) | 12.0 (0.5) | 15.8 (0.5) | 20.6 (0.6) | 25.8 (0.9) | 29.4 (1.1) |
|  | 19 to 30 | 1897 | 6.0 (0.5) | 7.1 (0.5) | 9.3 (0.5) | 12.4 (0.5) | 16.2 (0.7) | 20.4 (1.1) | 23.4 (1.4) |
|  | 31 to 50 | 2750 | 5.4 (0.4) | 6.5 (0.4) | 8.6 (0.4) | 11.5 (0.4) | 15.6 (0.5) | 20.5 (0.9) | 24.2 (1.3) |
|  | 51 to 70 | 2725 | 5.6 (0.4) | 6.5 (0.4) | 8.5 (0.4) | 11.6 (0.5) | 15.8 (0.7) | 21.1 (1.2) | 25.0 (1.7) |
|  | >70 | 1601 | 4.4 (0.3) | 5.3 (0.4) | 7.1 (0.4) | 9.7 (0.5) | 13.4 (0.8) | 18.0 (1.1) | 21.7 (1.6) |
|  | 19+ | 8973 | 5.4 (0.2) | 6.4 (0.2) | 8.5 (0.2) | 11.5 (0.2) | 15.7 (0.4) | 20.7 (0.6) | 24.5 (0.9) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 6.1 (0.4) | 7.0 (0.4) | 9.0 (0.4) | 11.5 (0.4) | 14.6 (0.5) | 17.7 (0.6) | 19.8 (0.8) |
|  | 14 to 18 | 2346 | 4.7 (0.3) | 5.8 (0.3) | 7.8 (0.3) | 10.6 (0.3) | 14.1 (0.4) | 18.0 (0.6) | 20.7 (0.8) |
|  | 19 to 30 | 1915 | 4.6 (0.3) | 5.5 (0.3) | 7.2 (0.3) | 9.6 (0.4) | 12.6 (0.5) | 15.9 (0.7) | 18.1 (0.9) |
|  | 31 to 50 | 2851 | 4.9 (0.4) | 5.9 (0.4) | 7.6 (0.4) | 10.1 (0.4) | 13.7 (0.6) | 17.7 (1.0) | 20.6 (1.3) |
|  | 51 to 70 | 3407 | 4.4 (0.3) | 5.2 (0.3) | 6.8 (0.3) | 9.1 (0.3) | 12.2 (0.4) | 15.9 (0.8) | 18.7 (1.1) |
|  | >70 | 2769 | 4.7 (0.4) | 5.5 (0.4) | 7.1 (0.5) | 9.6 (0.7) | 13.0 (0.9) | 17.3 (1.3) | 20.6 (1.8) |
|  | 19+ | 10942 | 4.7 (0.2) | 5.5 (0.2) | 7.2 (0.2) | 9.6 (0.2) | 13.0 (0.3) | 16.9 (0.5) | 19.7 (0.7) |

*Milk, cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.
$\dagger$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 6. Distribution of vitamin D intakes for Model 3* stratified by sex and age subgroups based on modeling mature market scenario ${ }^{\dagger}$.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE ${ }^{\ddagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 4.1 (0.3) | 5.2 (0.2) | 7.4 (0.2) | 10.0 (0.2) | 13.1 (0.3) | 16.7 (0.5) | 19.3 (0.8) |
|  | 4 to 8 | 3343 | 4.9 (0.2) | 5.8 (0.2) | 7.4 (0.2) | 9.5 (0.2) | 12.0 (0.3) | 14.9 (0.4) | 16.8 (0.5) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 5.6 (0.3) | 6.6 (0.3) | 8.5 (0.3) | 11.2 (0.3) | 14.5 (0.4) | 18.1 (0.6) | 20.6 (0.8) |
|  | 14 to 18 | 2397 | 5.4 (0.3) | 6.6 (0.3) | 9.0 (0.3) | 12.3 (0.4) | 16.5 (0.5) | 21.3 (0.7) | 24.7 (1.0) |
|  | 19 to 30 | 1897 | 4.4 (0.4) | 5.2 (0.4) | 6.9 (0.4) | 9.2 (0.4) | 12.3 (0.5) | 15.8 (0.8) | 18.3 (1.1) |
|  | 31 to 50 | 2750 | 4.3 (0.3) | 5.1 (0.3) | 6.7 (0.3) | 9.0 (0.3) | 12.2 (0.5) | 16.3 (0.9) | 19.4 (1.3) |
|  | 51 to 70 | 2725 | 4.4 (0.3) | 5.2 (0.3) | 6.8 (0.3) | 9.4 (0.4) | 13.2 (0.7) | 18.1 (1.2) | 22.0 (1.7) |
|  | $>70$ | 1601 | 3.9 (0.3) | 4.7 (0.3) | 6.2 (0.4) | 8.5 (0.5) | 11.8 (0.7) | 16.2 (1.0) | 19.8 (1.4) |
|  | 19+ | 8973 | 4.2 (0.2) | 5.0 (0.2) | 6.6 (0.2) | 9.0 (0.2) | 12.4 (0.3) | 16.8 (0.5) | 20.2 (0.8) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 4.6 (0.3) | 5.4 (0.3) | 6.9 (0.3) | 9.0 (0.3) | 11.5 (0.4) | 14.2 (0.5) | 16.0 (0.7) |
|  | 14 to 18 | 2346 | 3.3 (0.2) | 4.1 (0.3) | 5.8 (0.3) | 8.1 (0.3) | 11.1 (0.4) | 14.4 (0.6) | 16.8 (0.7) |
|  | 19 to 30 | 1915 | 3.3 (0.3) | 4.0 (0.3) | 5.2 (0.3) | 7.0 (0.3) | 9.2 (0.4) | 11.6 (0.6) | 13.3 (0.7) |
|  | 31 to 50 | 2851 | 3.5 (0.3) | 4.2 (0.3) | 5.6 (0.3) | 7.7 (0.3) | 10.7 (0.5) | 14.3 (0.9) | 17.0 (1.4) |
|  | 51 to 70 | 3407 | 3.5 (0.2) | 4.1 (0.2) | 5.3 (0.2) | 7.2 (0.3) | 9.7 (0.4) | 12.9 (0.8) | 15.3 (1.1) |
|  | >70 | 2769 | 3.9 (0.3) | 4.6 (0.3) | 6.0 (0.5) | 8.3 (0.7) | 11.5 (0.9) | 15.5 (1.3) | 18.5 (1.7) |
|  | 19+ | 10942 | 3.4 (0.1) | 4.1 (0.1) | 5.4 (0.1) | 7.4 (0.2) | 10.2 (0.3) | 13.7 (0.5) | 16.4 (0.7) |

*Milk, cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.
†Under mature market scenario, $33 \%$ of cheeses and yogurts were assumed to be vitamin D fortified.
$\ddagger$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 7. Distribution of vitamin D intakes for Model 4* stratified by sex and age subgroups based on modeling full fortification scenario.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th ( $\mathrm{SE}^{\dagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 6.8 (0.5) | 8.9 (0.5) | 13.0 (0.4) | 17.7 (0.4) | 23.6 (0.6) | 30.5 (1.0) | 35.4 (1.4) |
|  | 4 to 8 | 3343 | 8.4 (0.4) | 10.0 (0.3) | 12.8 (0.3) | 16.5 (0.4) | 21.1 (0.5) | 26.1 (0.7) | 29.6 (1.0) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 8.7 (0.5) | 10.5 (0.5) | 13.9 (0.5) | 18.6 (0.6) | 24.4 (0.7) | 30.7 (0.9) | 34.9 (1.2) |
|  | 14 to 18 | 2397 | 9.0 (0.6) | 11.2 (0.6) | 15.3 (0.6) | 20.6 (0.6) | 27.3 (0.8) | 34.9 (1.2) | 40.4 (1.5) |
|  | 19 to 30 | 1897 | 6.7 (0.5) | 8.1 (0.6) | 10.9 (0.6) | 15.1 (0.6) | 20.4 (0.9) | 26.2 (1.3) | 30.3 (1.7) |
|  | 31 to 50 | 2750 | 5.9 (0.4) | 7.3 (0.4) | 10.1 (0.4) | 13.8 (0.5) | 19.0 (0.6) | 25.5 (1.1) | 30.4 (1.7) |
|  | 51 to 70 | 2725 | 6.0 (0.4) | 7.2 (0.4) | 9.7 (0.4) | 13.6 (0.5) | 19.1 (0.8) | 25.7 (1.4) | 30.5 (1.9) |
|  | $>70$ | 1601 | 5.0 (0.4) | 6.2 (0.4) | 8.7 (0.5) | 12.2 (0.7) | 17.3 (1.0) | 23.9 (1.5) | 29.1 (2.0) |
|  | 19+ | 8973 | 5.9 (0.2) | 7.2 (0.2) | 9.9 (0.3) | 13.8 (0.3) | 19.3 (0.4) | 25.9 (0.7) | 30.9 (1.0) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 7.3 (0.5) | 8.7 (0.5) | 11.5 (0.5) | 15.2 (0.5) | 19.7 (0.6) | 24.4 (0.9) | 27.6 (1.1) |
|  | 14 to 18 | 2346 | 5.3 (0.4) | 6.8 (0.4) | 9.7 (0.4) | 13.7 (0.5) | 18.8 (0.6) | 24.6 (0.9) | 28.6 (1.3) |
|  | 19 to 30 | 1915 | 5.0 (0.4) | 6.2 (0.4) | 8.7 (0.4) | 12.0 (0.5) | 16.2 (0.6) | 20.8 (0.9) | 24.1 (1.1) |
|  | 31 to 50 | 2851 | 5.2 (0.4) | 6.4 (0.4) | 8.8 (0.4) | 12.2 (0.5) | 16.8 (0.6) | 22.1 (1.0) | 26.0 (1.4) |
|  | 51 to 70 | 3407 | 4.9 (0.3) | 5.9 (0.3) | 7.9 (0.3) | 11.0 (0.3) | 15.1 (0.5) | 19.9 (0.9) | 23.4 (1.2) |
|  | >70 | 2769 | 5.3 (0.4) | 6.3 (0.5) | 8.6 (0.6) | 12.0 (0.8) | 16.7 (1.0) | 22.5 (1.5) | 26.9 (2.0) |
|  | 19+ | 10942 | 5.1 (0.2) | 6.2 (0.2) | 8.5 (0.2) | 11.7 (0.3) | 16.2 (0.4) | 21.4 (0.6) | 25.2 (0.8) |

*Milk was simulated at $6.75 \mu$ g of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.
${ }^{\dagger}$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 8. Distribution of vitamin D intakes for Model 4* stratified by sex and age subgroups based on modeling mature market scenario ${ }^{\dagger}$.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE $\ddagger$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 5.2 (0.4) | 7.1 (0.4) | 10.8 (0.4) | 15.5 (0.4) | 21.0 (0.5) | 27.6 (0.9) | 32.6 (1.4) |
|  | 4 to 8 | 3343 | 6.4 (0.3) | 7.8 (0.3) | 10.5 (0.3) | 13.9 (0.3) | 18.2 (0.4) | 23.0 (0.6) | 26.3 (0.8) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 7.1 (0.4) | 8.6 (0.4) | 11.5 (0.5) | 15.7 (0.5) | 20.9 (0.6) | 26.4 (0.9) | 30.2 (1.1) |
|  | 14 to 18 | 2397 | 6.5 (0.5) | 8.3 (0.5) | 12.0 (0.5) | 17.0 (0.6) | 23.2 (0.8) | 30.6 (1.2) | 35.9 (1.5) |
|  | 19 to 30 | 1897 | 4.8 (0.4) | 6.0 (0.5) | 8.3 (0.5) | 12.0 (0.6) | 16.9 (0.8) | 22.5 (1.2) | 26.6 (1.5) |
|  | 31 to 50 | 2750 | 4.6 (0.3) | 5.6 (0.4) | 7.9 (0.4) | 11.0 (0.4) | 15.5 (0.6) | 21.2 (1.0) | 25.6 (1.6) |
|  | 51 to 70 | 2725 | 4.8 (0.3) | 5.8 (0.3) | 7.9 (0.4) | 11.5 (0.5) | 16.4 (0.8) | 23.0 (1.4) | 28.1 (2.0) |
|  | $>70$ | 1601 | 4.4 (0.3) | 5.4 (0.4) | 7.6 (0.4) | 10.9 (0.6) | 15.7 (0.9) | 22.3 (1.4) | 27.6 (2.0) |
|  | 19+ | 8973 | 4.6 (0.2) | 5.6 (0.2) | 7.9 (0.2) | 11.1 (0.3) | 15.9 (0.4) | 22.0 (0.7) | 26.6 (1.0) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 5.7 (0.4) | 6.9 (0.4) | 9.3 (0.4) | 12.5 (0.4) | 16.6 (0.6) | 21.0 (0.8) | 24.1 (1.0) |
|  | 14 to 18 | 2346 | 3.8 (0.3) | 4.9 (0.3) | 7.4 (0.3) | 11.0 (0.4) | 15.7 (0.6) | 21.0 (0.9) | 24.9 (1.3) |
|  | 19 to 30 | 1915 | 3.6 (0.3) | 4.6 (0.3) | 6.5 (0.4) | 9.4 (0.4) | 13.1 (0.6) | 17.3 (0.8) | 20.3 (1.1) |
|  | 31 to 50 | 2851 | 3.9 (0.3) | 4.8 (0.3) | 6.8 (0.4) | 9.9 (0.4) | 14.1 (0.6) | 19.1 (1.0) | 22.9 (1.4) |
|  | 51 to 70 | 3407 | 3.7 (0.2) | 4.6 (0.2) | 6.3 (0.2) | 9.0 (0.3) | 12.8 (0.5) | 17.6 (0.9) | 21.4 (1.3) |
|  | $>70$ | 2769 | 4.4 (0.3) | 5.3 (0.4) | 7.3 (0.5) | 10.5 (0.8) | 14.9 (1.0) | 20.4 (1.5) | 24.7 (1.9) |
|  | 19+ | 10942 | 3.8 (0.1) | 4.7 (0.2) | 6.6 (0.2) | 9.4 (0.2) | 13.4 (0.3) | 18.3 (0.5) | 21.9 (0.8) |

*Milk was simulated at $6.75 \mu \mathrm{~g}$ of vitamin D per 250 mL serving, and cheeses and yogurts were simulated to contain $3.75 \mu \mathrm{~g}$ of vitamin D per serving.
†Under mature market scenario, $33 \%$ of cheeses and yogurts were assumed to be vitamin D fortified.
$\ddagger$ All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 9. Distribution of vitamin D intakes for Model 5* stratified by sex and age subgroups based on modeling full fortification scenario.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th ( $\mathrm{SE}^{\dagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 8.4 (0.6) | 10.8 (0.6) | 15.3 (0.5) | 20.4 (0.5) | 26.9 (0.7) | 34.5 (1.1) | 39.8 (1.5) |
|  | 4 to 8 | 3343 | 10.2 (0.5) | 12.0 (0.4) | 15.3 (0.4) | 19.6 (0.4) | 24.9 (0.6) | 30.8 (1.0) | 34.8 (1.2) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 10.4 (0.6) | 12.4 (0.6) | 16.5 (0.6) | 22 (0.7) | 28.7 (0.8) | 35.9 (1.1) | 40.8 (1.4) |
|  | 14 to 18 | 2397 | 11.4 (0.8) | 14.0 (0.8) | 18.6 (0.7) | 24.9 (0.8) | 32.8 (1.0) | 41.4 (1.4) | 47.4 (1.8) |
|  | 19 to 30 | 1897 | 8.3 (0.7) | 10.2 (0.8) | 13.8 (0.8) | 18.9 (0.9) | 25.3 (1.2) | 32.3 (1.7) | 37.3 (2.2) |
|  | 31 to 50 | 2750 | 7.2 (0.6) | 8.9 (0.6) | 12.3 (0.6) | 17.1 (0.6) | 23.6 (0.8) | 31.2 (1.3) | 36.8 (1.9) |
|  | 51 to 70 | 2725 | 7.0 (0.5) | 8.4 (0.5) | 11.4 (0.6) | 16.2 (0.6) | 22.4 (0.9) | 29.6 (1.4) | 34.7 (1.9) |
|  | $>70$ | 1601 | 5.6 (0.5) | 6.9 (0.5) | 9.6 (0.6) | 13.7 (0.8) | 19.4 (1.1) | 26.5 (1.7) | 31.8 (2.2) |
|  | 19+ | 8973 | 7.0 (0.3) | 8.6 (0.3) | 11.9 (0.3) | 16.8 (0.4) | 23.5 (0.5) | 31.1 (0.8) | 36.6 (1.1) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 9.0 (0.6) | 10.7 (0.6) | 14.0 (0.6) | 18.3 (0.6) | 23.4 (0.8) | 28.7 (1.1) | 32.3 (1.4) |
|  | 14 to 18 | 2346 | 6.8 (0.5) | 8.6 (0.5) | 12.0 (0.5) | 16.8 (0.6) | 22.7 (0.7) | 29.1 (1.1) | 33.4 (1.4) |
|  | 19 to 30 | 1915 | 6.4 (0.6) | 7.9 (0.6) | 10.9 (0.5) | 14.9 (0.6) | 20.0 (0.8) | 25.5 (1.2) | 29.2 (1.5) |
|  | 31 to 50 | 2851 | 6.7 (0.6) | 8.2 (0.6) | 11.2 (0.6) | 15.3 (0.6) | 20.6 (0.8) | 26.7 (1.1) | 30.9 (1.5) |
|  | 51 to 70 | 3407 | 5.7 (0.4) | 7.0 (0.4) | 9.6 (0.4) | 13.3 (0.4) | 18.1 (0.6) | 23.6 (0.9) | 27.7 (1.3) |
|  | $>70$ | 2769 | 6.1 (0.5) | 7.3 (0.6) | 10.0 (0.7) | 13.9 (0.8) | 18.9 (1.0) | 24.9 (1.5) | 29.4 (1.9) |
|  | 19+ | 10942 | 6.3 (0.3) | 7.7 (0.3) | 10.5 (0.3) | 14.4 (0.3) | 19.6 (0.4) | 25.6 (0.6) | 29.8 (0.8) |

*Milk, cheeses and yogurts were simulated to contain $6.75 \mu \mathrm{~g}$ of vitamin D per serving.
†All standard errors were calculated using the bootstrap method for variance estimation.

Appendix 1 - Supplementary Table 10. Distribution of vitamin D intakes for Model 5* stratified by sex and age subgroups based on modeling mature market scenario ${ }^{\dagger}$.

| Sex | Age | n | Percentile of Intake |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 5th (SE ${ }^{\ddagger}$ ) | 10th (SE) | 25th (SE) | 50th (SE) | 75th (SE) | 90th (SE) | 95th (SE) |
| Both | 1 to 3 | 2193 | 5.8 (0.4) | 7.6 (0.4) | 11.5 (0.4) | 16.2 (0.4) | 21.8 (0.5) | 28.3 (0.9) | 33.2 (1.4) |
|  | 4 to 8 | 3343 | 7.2 (0.4) | 8.6 (0.4) | 11.4 (0.3) | 14.9 (0.4) | 19.4 (0.5) | 24.5 (0.8) | 28.1 (1.0) |
| Male |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2149 | 7.7 (0.5) | 9.3 (0.5) | 12.5 (0.5) | 16.9 (0.5) | 22.3 (0.6) | 28.1 (0.9) | 32.1 (1.2) |
|  | 14 to 18 | 2397 | 7.5 (0.5) | 9.4 (0.5) | 13.2 (0.5) | 18.3 (0.6) | 24.7 (0.8) | 32.0 (1.1) | 37.2 (1.5) |
|  | 19 to 30 | 1897 | 5.7 (0.5) | 7.0 (0.5) | 9.6 (0.5) | 13.3 (0.6) | 18.1 (0.8) | 23.6 (1.2) | 27.5 (1.5) |
|  | 31 to 50 | 2750 | 5.1 (0.4) | 6.2 (0.4) | 8.6 (0.5) | 12.3 (0.5) | 17.4 (0.7) | 23.6 (1.1) | 28.2 (1.7) |
|  | 51 to 70 | 2725 | 5.4 (0.4) | 6.4 (0.4) | 8.7 (0.4) | 12.5 (0.5) | 17.7 (0.8) | 24.3 (1.4) | 29.2 (2.0) |
|  | >70 | 1601 | 4.9 (0.4) | 6.0 (0.4) | 8.3 (0.5) | 11.7 (0.7) | 16.7 (1.0) | 23.2 (1.4) | 28.1 (1.9) |
|  | 19+ | 8973 | 5.1 (0.2) | 6.2 (0.2) | 8.7 (0.3) | 12.3 (0.3) | 17.6 (0.4) | 24.1 (0.7) | 29.0 (1.1) |
| Female |  |  |  |  |  |  |  |  |  |
|  | 9 to 13 | 2043 | 6.1 (0.4) | 7.5 (0.4) | 10.2 (0.4) | 13.8 (0.5) | 18.2 (0.6) | 23.1 (0.9) | 26.4 (1.1) |
|  | 14 to 18 | 2346 | 4.1 (0.3) | 5.4 (0.4) | 8.1 (0.4) | 12.0 (0.4) | 16.9 (0.6) | 22.4 (0.9) | 26.3 (1.2) |
|  | 19 to 30 | 1915 | 4.0 (0.4) | 5.1 (0.4) | 7.4 (0.4) | 10.6 (0.5) | 14.8 (0.6) | 19.5 (0.9) | 22.9 (1.1) |
|  | 31 to 50 | 2851 | 4.3 (0.3) | 5.3 (0.3) | 7.5 (0.4) | 10.8 (0.5) | 15.3 (0.7) | 20.6 (1.0) | 24.4 (1.4) |
|  | 51 to 70 | 3407 | 4.3 (0.3) | 5.2 (0.3) | 7.2 (0.3) | 10.0 (0.4) | 14.0 (0.5) | 18.8 (0.9) | 22.4 (1.3) |
|  | >70 | 2769 | 4.8 (0.4) | 5.8 (0.4) | 7.9 (0.6) | 11.3 (0.8) | 15.8 (1.0) | 21.5 (1.5) | 25.8 (1.9) |
|  | 19+ | 10942 | 4.1 (0.2) | 5.1 (0.2) | 7.2 (0.2) | 10.2 (0.3) | 14.5 (0.4) | 19.6 (0.6) | 23.3 (0.8) |

*Milk, cheeses and yogurts were simulated to contain $6.75 \mu \mathrm{~g}$ of vitamin D per serving.
†Under mature market scenario, $33 \%$ of cheeses and yogurts were assumed to be vitamin D fortified.
$\ddagger$ All standard errors were calculated using the bootstrap method for variance estimation.

