**Mary R. L’Abbé, Ph.D.**

**Curriculum Vitae – June 2016**

Earle W. McHenry Professor, and

Chair, Department of Nutritional Sciences
Faculty of Medicine, University of Toronto

FitzGerald Building, 150 College Street, Rm 315
Toronto, ON, Canada M5S 3E2

Tel: (416) 978-7235; Fax: (416) 971-2366; Cell: (416) 605-1902
E-mail: mary.labbe@utoronto.ca

**ACADEMIC DEGREES:**

• Ph.D., Nutrition (Dean's Honour List), McGill University, Montreal, Que, 1988

• M.Sc., Nutrition, McGill University, Montreal, Quebec, 1983

• B.Sc. (Honours), Biochemistry, Carleton University, Ottawa, Ontario, 1975

**EMPLOYMENT:**

|  |  |
| --- | --- |
| 07/2009 - Present | Earle W. McHenry Professor and Chair, Department of Nutritional Sciences, Faculty of Medicine, University of Toronto |
| 12/2003 - 06/2009 | Director, Bureau of Nutritional Sciences, Food Directorate, Health Products and Food Branch, Health Canada |
| 11/2007 - 12/2010 | Chair (11/2007-09/2009), Vice Chair (09/2009-12/2010) Sodium Working Group, established by Minister of Health to develop a national strategy to reduce sodium consumption by Canadians |
| 03/2001 - Present  | Adjunct Professor, School Dietetics and Human Nutrition, McGill University  |
| 01/2005 - 06/2006  | Co-Chair, Trans Fat Task Force (with President and CEO of the Heart and Stroke Foundation of Canada), established in response to a Parliamentary motion, Canadian House of Commons, November 2004.  |
| 02/2003 - 01/2004(Secondment)  | Acting Executive Director, Framework for Science (EX-02), Health Canada Science Framework Secretariat, Office of the Chief Scientist  |
| 04/1991 - 02/2003  | Head, Nutrition Research (1997 - 02/2003) and Micronutrients Section (1991 - 1997), Bureau of Nutritional Sciences, Food Directorate, Health Products and Food Branch, Health Canada  |
| 03/2002-05/2002 | Visiting Scientist, Laboratory for Human Nutrition, Institute of Food Science, Swiss Federal Institute of Technology (ETH Zurich), Zurich Switzerland |
| 04/2000 - 02/2003  | Research Scientist, (RES 04), Nutrition Research Division, Bureau of Nutrition Sciences, Food Directorate, Health Canada  |
| 02/1995 - 09/2002  | Adjunct Professor, Dept. Human Nutritional Sciences (previously Dept. Foods and Nutrition), University of Manitoba, Winnipeg, MB  |
| 04/1994 - 03/2000  | Research Scientist, (RES 03), Health Canada  |
| 04/1989 - 03/1994  | Research Scientist, (RES 02), Health Canada  |
| 05/1975 - 03/1989  | Chemist, Technician; Various positions and levels, Health Canada and Agriculture Canada (includes some periods of family & education leave) |

**HONOURS AND AWARDS RECEIVED:**

* 2014 World Hypertension League Notable Achievement in Dietary Salt Reduction Awardee, World Hypertension League, Hertfordshire, United Kingdom, March 2014
* Earle W. Crampton Award for Leadership in Nutrition, McGill University, March 2012
* Certificate of Excellence Award for contributions in reducing dietary sodium in Canada and internationally, Hypertension Canada, October 2011
* Earle Willard McHenry Award for Distinguished Service in Nutrition, Canadian Nutrition Society, June 2010
* YMCA-YWCA Women of Distinction Awards - Science, Research and Technology Award finalist, May 2007.
* Queen’s Golden Jubilee Commemorative Medal, Governor General of Canada, 2002

**SUMMARY OF SCIENTIFIC PUBLICATIONS:** (Details in attached Appendices)

A - Papers in Refereed Journals: 137 (plus additional submitted and under review)

B - Book Chapters: 15

C - Published Government Reports/Reports submitted to Government: 44 (plus internal confidential reports)

D - Books Edited: 2

E - Monographs/Other Publications (not peer-reviewed): 10

F - Abstracts: >250

G - Invited Presentations: > 150 (full list available on request)

**KEY ACCOMPLISHMENTS**

 ***Leadership of Nutrition Policy for Population Health (i) Trans Fat*** I co-Chaired, with the President/CEO of the Heart & Stroke Foundation of Canada, Canada’s Trans Fat Task Force (2005-2006). Report submitted to the Minister of Health and Canadian Parliament House of Commons Standing Committee on Health *(TRANSforming the Food Supply, 2006).* After the release of the report, I oversaw Canada’s Tans Fat Monitoring Program (*J. AOAC Int 2009 92:1258-77; EJCN 2008 63:808-11; CJPH 2011 4: 313-16; Int Food Risk Anal J 2012 2:1-15*) and further work since coming to UofT (*AJCN 2014 100:1116-23*). Served as a scientific member of PAHO and WHO expert panels on *trans* fats (*EJCN 2008 63:S50–S67; EJCN 2008 S68–S75*). ***(ii) Sodium*** led (Chair 11/2007-09/2009; Vice Chair 09/2009-08/2010) Canada’s multi-stakeholder Sodium Working Group to develop a national sodium reduction strategy for Canada *(SODIUM REDUCTION STRATEGY FOR CANADA Recommendations of the Sodium Working Group, July 2010)*. Member of the PAHO Regional expert group on dietary salt reduction and lead the sub-group on dietary salt surveillance; technical advisor to the WHO on salt, speaking at or leading numerous workshops for PAHO and authored many PAHO/WHO publications ***(iii) Chronic Disease*** I currently serve as a member of the WHO Nutrition Guidance Expert Advisory Group and sub-committee on Diet and Chronic Disease (2010-present) (*WHO Guideline on Sodium for Adults and Children 2013, WHO Guideline on Potassium for Adults and Children 2013; WHO Guideline on Sugars intake for adult and children 2015*); member of the WHO Expert Committee on Nutrition (2011-present); member of the WHO Global Coordinating Mechanism for NCDs (2014-Present); member WHO Consultation on Updating Appendix 3 of the Global NCD Action Plan 2013-2020 (2015); member World Obesity, Scientific and Technical Advisory Network (2014-present); member International Network for Food and Obesity/NCDs Research, Monitoring and Action Support (INFORMAS), lead the Public Food Procurement Module (2012-Present) (*Obesity Reviews, September 2013 - 10 papers*).

 ***Research on healthy eating, food labelling and consumer attitudes regarding food and health.*** My research program involves research that provides an evidence base to support public health nutrition policy in areas such as health claims on foods, front-of-lack labelling, nutritional quality of packaged and restaurant foods, food fortification, food-like NHPs, trans fat, sodium, and assessing and modelling population intakes using national food consumption survey data. I am currently designing and analyzing a number of consumer surveys on knowledge, attitudes and behaviours related to foods and nutrition (studies funded by CIHR; CSN, HSFC, IDRC Advanced Foods and Materials Network NCE; AAFC/Dairy Farmers of Canada). My research group has also developed two databases, a Canadian food label database containing information on ~26,000 packaged foods and the other containing nutritional information for about 20,500 restaurant foods (from the leading national and private label brands and top take out and sit-down chain restaurants, respectively) available on the Canadian marketplace in 2010-11 and 2013. These databases have been developed to answer a number of research questions under my *Food and Nutrition Policy for Population Health Research* program supported through my McHenry endowed chair at the University of Toronto and CIHR/CSN sodium grant and funding from the Heart and Stroke Foundation of Canada and others.

**PARTICIPATION IN SCIENTIFIC COMMITTEES/CONSULTATIONS**

***International Consultations/Committees*** ***(Partial List)***

* Chair, Pan American Health Organization of the WHO (PAHO) Technical Advisory Group to Mobilize Cardiovascular Disease Prevention through Dietary Salt/sodium Control Policies and Interventions – Phase 3 (2015-Present)
* Member, WHO Technical Meeting on Salt Reduction and Prevention of Hypertension. October 29-30, 2015, Geneva, Switzerland
* Member and session speaker, WHO Technical consultation: addressing and managing conflicts of interest in the planning and delivery of nutrition programmes at country level (2015), Geneva, Switzerland, October 8-9 2015
* Member, WHO Consultation on Updating Appendix 3 of the Global NCD Action Plan 2013-2020 (2015)
* Member, World Health Organization (WHO) Global Coordination Mechanism on the Prevention and Control of NCDs (2015-Present)
* Co-chair, World Health Organization Meeting on the Development of a single Regional nutrient profiling model for purposes of reducing marketing of foods high in fat, sugar and salt to children Copenhagen, Denmark, December 16 - 17, 2013
* Member and Chair Surveillance WG, PAHO Technical Advisory Group (TAG) on Cardiovascular Disease Prevention through Dietary Salt Reduction (2012-2015)

**GRANT SUPPORT IN PROGRESS**

|  |  |  |  |
| --- | --- | --- | --- |
| **Program** | **Title** | **My Role** | **Dates** |
| International Development Research Centre, (IDRC) NCDPP | Scaling-up and evaluating salt/sodium reduction policies and programs in Latin American countries. Blanco Metzler A. (PI), L’Abbe M, Arcand J,  | Co-I | 03/2016-03/2019 |
| Burroughs-Wellcome Foundation | Evaluation of Nutrient Profiling Methods for Regulation. L’Abbe M (PI), Manuel D, Rayner M | PI | 09/2014-09/2019 |
| Canadian Institutes of Health Research (CIHR) | Food EPI - Assessing the food policy environment in Canada. L’Abbe M (PI), Vanderlee L, Manuel D, and Lou WY | PI | 07/2015-06/2018 |
| Heart and Stroke Foundation | Food Switch: Testing the effectiveness of a food information app to promote the selection of healthier foods. L’Abbe M (PI), Dube L, Lou W | PI | 07/2015-06/2018 |
| Canadian Institutes of Health Research (CIHR) | PAUSE - Prevalence and consumer attitudes, understanding, and use of supplemented foods to inform education in Canada. L’Abbe M (PI), DeGrandpre E, Gillis D, Lou W, Mansfield E | PI | 10/2014-09/2017 |
| Canadian Institutes of Health Research (CIHR) | Population Health Impact Assessment Tools for Cardiovascular Disease. Manuel D (PI),Arcand J, Garriguet D, Hennessy D, L'Abbe M, Manson H, Rosella L, Sanmartin C, Taljaard M, Tanuseputro P, Tu J. | Co-I | 04/2014-03/2017 |
| One Sweet Film Inc (Telus Media Fund, TV Ontario, Canada Media Fund) | *One Sweet App* - Canadian Consumers on their Perceptions and Intakes of Free Sugars. L’Abbe M (PI), Bernstein J | PI | 04/2015-06/2017 |
| Fonds de recherche Société et culture Québec (FRQSC)  | Comportement du consommateur et dynamique de production, distribution et competition en alimentation: Équilibrer la santé, le plaisir, et les affaires à court et long terme. Dube L (PI), Buckeridge D, Dagher A, Thomassin P, Gruber R, Ray S, Struben J, Shultz T, Gumus M, Animesh A, Knauper B, Fellows L, Chaxel A-S, Li S, Moore S, Ma Y, L’Abbe M, Blay-Palmer A, Arora N, Blouin C.  | Collab | 2014-2018 |
| Social Sciences and Humanities Research Council (SSHRC) | A Convergent Innovation Coalition for Sustainable Prosperity: Development Work for Agri-Food Systems. Ray S (PI), Dube L, Lu J, Gumus M, Struben J, Krishnan H, Ma Y, L’Abbe M, Joshi PK, Yada R, Gurnani H. | Co-PI | 2014-2017 |
| Quebec Ministère de l’Agriculture, des Pêcheries et de l’Alimentation | A Management Flight Simulator tool to improve economic performance of nutrition-sensitive food innovation and enabling policy environment. Dube L(PI), L’Abbe M, Blay-Palmer A, Blouin C, Struben J, Ma Y, Fatemi-Shariatpanahi H, Chan D.  | Co-I | 01/2014-12/2016 |
| International Development Research Centre, (IDRC) NCDPP | Implementation of a population-wide program to reduce salt/sodium consumption in Costa Rica (A. Blanco-Metzler, Unit of Health and Nutrition, INCIENSA, Costa Rica, Co-PI) | Co-PI | 04/2012-09/2016 |
| University of Toronto  | Earle W McHenry Research Chair/ University of Toronto unrestricted research grant “Food and Nutrition Policy for Population Health” | PI | 07/2014-05/2020 |

**PEER-REVIEWED PUBLICATIONS (LAST 5 YEARS):**

**A - Papers in Refereed Journals (Career Total = 137)**

Labonté M, Kirkpatrick SI, Bell RC, Boucher BA, Csizmadi I, Koushik A, **L’Abbé MR**, Massarelli I, Robson PJ, Rondeau I, Shatenstein B, Subar AF, Lamarche B. Dietary assessment is a critical element of health research – Perspective from the Partnership for Advancing Nutritional and Dietary Assessment in Canada. Appl Physiol Nutr Metab (Revisions submitted; Under Review).

Jessri M, Nishi SK, **L'Abbe MR**. 2016. [Assessing the nutritional quality of diets of Canadian children and adolescents using the 2014 Health Canada Surveillance Tool Tier System.](http://www.ncbi.nlm.nih.gov/pubmed/27165415) BMC Public Health. 2016 May 10;16(1):381. doi: 10.1186/s12889-016-3038-5. PMID: 27165415

Arcand J, Jefferson K, Schermel A, Shah F, Trang S, Kutlesa D, Lou W, **L'Abbe MR.** 2016. [Examination of food industry progress in reducing the sodium content of packaged foods in Canada: 2010 to 2013.](http://www.ncbi.nlm.nih.gov/pubmed/27113326) Appl Physiol Nutr Metab. 2016 Jun;41(6):684-90. doi: 10.1139/apnm-2015-0617. Epub 2016 Apr 26. PMID: 27113326

Semnani-Azad Z, Scourboutakos MJ, **L’Abbé MR.** 2016. Kids’ Meals from Chain Restaurants: Exceedingly High in Calories, Fats, and Sodium. BMC Nutrition. (Accepted on March 3, 2016)

Lee GJ, Birken CS, Parkin PC, Lebovic G, Chen Y, **L'Abbe MR**, Maguire JL; TARGet Kids! Collaboration. 2016. [Goat's milk, plant-based milk, cow's milk and serum 25-hydroxyvitamin D levels in early childhood.](http://www.ncbi.nlm.nih.gov/pubmed/27046131) 2016. Epidemiology. 2016 Apr 4. [Epub ahead of print] PMID: 27046131

Bernstein JT, **L’Abbe MR**. Added sugars on nutrition labels: a way to support population health in Canada. CMAJ 2016. doi: 10.1503/cmaj.151081. [Epub ahead of print].

Jessri M, Nishi SK, **L’Abbe MR** 2015. Assessing the Nutritional Quality of Diets of Canadian Adults Using the 2014 Health Canada Surveillance Tool Tier System. Nutrients 2015;*7*(12):10447-10468. doi:[10.3390/nu7125543](http://dx.doi.org/10.3390/nu7125543).

Jessri M, Lou WY, **L’Abbé MR**. Evaluation of different methods to handle misreporting in obesity research: evidence from the Canadian national nutrition survey. Br J Nutri 2016;115(1):147-59. doi: 10.1017/S0007114515004237.

Schermel A, Wong CL, **L’Abbé MR**. Are Foods with Fat-Related Claims Useful for Weight Management? Appetite 2016;96:154-159. doi: 10.1016/j.appet.2015.09.003.

Wicklow B, Gallo S, Majnemer A, Vanstone C, Comeau K, Jones G, **L'Abbe M**, Khamessan A, Sharma A, Weiler H, Rodd C. Impact of Vitamin D Supplementation on Gross Motor Development of Healthy Term Infants: A Randomized Dose-Response Trial. Phys Occup Ther Pediatr. 2015 Sep 1:1-13. [Epub ahead of print] PMID: 26325246

Jessri M, **L’Abbe MR.** 2015. The time for an updated Canadian Food Guide has arrived. Appl Physiol Nutr Metab 40: 1–4 (2015) dx.doi.org/10.1139/apnm-2015-0046 (In Press)

Poelman MP, Eyles H, Dunford E, Schermel A, **L'Abbe MR**, Neal B, Seidell JC, Steenhuis IH, Ni Mhurchu C. Package size and manufacturer-recommended serving size of sweet beverages: a cross-sectional study across four high-income countries. Public Health Nutr. 2015 Jul 7:1-9. [Epub ahead of print] PMID: 26148431

Campbell N, Legowski B, Legetic B, Nilson E, **L’Abbé M.** 2015. Inaugural maximum values for sodium in processed food products in the Americas. J Clin Hypertens (Greenwich). 2015 Aug;17(8):611-3 PMID: 25903047

Campbell N, **L'Abbe MR**, McHenry EW. 2015. [Too much focus on low-quality science?](http://www.ncbi.nlm.nih.gov/pubmed/25646375) CMAJ. 2015 187(2):131-2. doi: 10.1503/cmaj.115-0005. PMID: 25646375 Erratum in: [CMAJ. 2015 187(6):439](http://www.ncbi.nlm.nih.gov/pubmed/25852179).

Vandevijvere S, Swinburn B. for the International Network for Food and Obesity/non-communicable diseases (NCDs) Research, Monitoring and Action Support (INFORMAS). Pilot test of the Healthy Food Environment Policy Index (Food-EPI) to increase government actions for creating healthy food environments. BMJ Open. 2015 Jan 9;5(1):e006194. doi: 10.1136/bmjopen-2014-006194. PMID: 25575874

Scourboutakos MJ, Semnani-Azad Z, **L'Abbe MR**. 2015. Added Sugars in Kids’ Meals from Chain Restaurants. Prevent Med Rep EPub Available Online 1 Dec 2014. <http://www.sciencedirect.com/science/article/pii/S2211335514000163>

Scourboutakos MJ, **L’Abbe MR.** 2014. Changes in sodium levels in chain restaurant foods in Canada (2010-2013): a longitudinal study. Can Med Assoc J Open 2014 Oct 1;2(4):E343-51. doi: 10.9778/cmajo.20140028. PMID: 25553327

Scourboutakos MJ, Corey PN, Mendoza J, Henson SJ, **L’Abbé MR**. 2014. Restaurant menu-labelling: Is it worth adding sodium to the label? Can J Public Health, 2014; 31;105(5): e354-61. PMID: 25365270

Lee GJ, Birken CS, Parkin PC, Lebovic G, Chen Y, **L'Abbe MR**, Maguire JL. 2014. Non-cow's milk consumption and Vitamin D levels in early childhood. Can Med Assoc J, 2014; 186(17):1287-93.

Tobe SW, Stone JA, Walker KM, Anderson T, Bhattacharyya O, Cheng AYY, Gregoire J, Gubitz G, **L’Abbé MR**, Lau DCW, Leiter LA, Oh P, Padwal R, Poirier L, Selby P, Tremblay M, Ward RA, Hua D and Liu PP, for the Canadian Cardiovascular Harmonized Guideline Endeavour (C-CHANGE) Collaborative. 2014. Updated Clinical Practice Guidelines. Can Med Assoc J. 2014;186(17):1299-305.

Emrich TE, Qi Y, Cohen JE, Lou WY, **L'Abbe MR**. 2015. [Front-of-pack symbols are not a reliable indicator of products with healthier nutrient profiles.](http://www.ncbi.nlm.nih.gov/pubmed/25278433) Appetite 2015; 84(1): 148-153. (featured on www.foodnavigator.com)

Fitzpatrick L, Arcand J, **L’Abbe MR**, Deng M, Duhaney T, Campbell NRC. 2014. Accuracy of Canadian Food Labels for Sodium Content of Food.Nutrients 2014; 22; 6(8):3326-35.

Arcand J, Scourboutakos MJ, Au JT, **L’Abbe MR**. 2014 Trends in trans fatty acids in the Canadian food supply: an updated analysis. Am J Clin Nutr. 2014;100(4):1116-23. Epub 2014 Aug 6

Campbell N, Legowski B, Legetic B, Ferrante D, Nilson E, Campbell C, **L'Abbé M**. Targets and timelines for reducing salt in processed food in the Americas. J Clin Hypertens (Greenwich). 2014;16(9):619-23. Epub 2014 Jul 31.

Wong CL, Mendoza J, Henson SJ, Qi Y, Lou W, **L’Abbé MR**. 2014. Consumer attitudes and understanding of cholesterol-lowering claims on food: Randomized mock-package experiments with plant sterol and oat fibre claims. Eur J Clin Nutr. 2014; 68(8):946-52.

Shakur Y, Lou WW, **L'Abbé MR** 2014. Examining the effects of increased vitamin D fortification on dietary inadequacy in Canada. Can J Public Health 2014;105(2):e127-e132.PMID: 4886848

Arcand J, Au JTC, Schermel A, **L’Abbe MR**. 2014. A comprehensive analysis of sodium levels in the Canadian packaged food supply. Am J Prev Med 2014;46(6):633–642.

Emrich TE, Qi Y, Mendoza JE, Lou W, Cohen JE, **L'Abbé MR**. 2014. Consumer perceptions of the Nutrition Facts table and Front-of-Pack nutrition rating systems. Appl Physiol Nutr Metab, 2014 Apr; 39(4):417-24.

Niebylski ML, Lu T, Campbell NR, Arcand J, Schermel A, Hua D, Yeates KE, Tobe SW, Twohig PA, **L'Abbé MR**, Liu PP Healthy food procurement policies and their impact. Int J Environ Res Public Health. 2014;11(3):2608-27.

Arcand J, Abdulaziz K, Bennett C, **L’Abbe MR**, Manuel DG. 2013. Developing a web-based dietary sodium screening tool for personalized assessment and feedback. Appl Physiol Nutr Metab. 2014;39(3):413-4.

Mendoza JE, Schram GA, Arcand J, Henson S, **L’Abbe MR**. 2014.Assessment of consumers' level of engagement in following recommendations for lowering sodium intake. Appetite 2014; 73:51–57.

Gallo S, Comeau K, Agellon S, Vanstone C, Sharma A, Jones G, **L'Abbé M**, Khamessan A, Weiler H, Rodd C. [Methodological issues in assessing plasma 25-hydroxyvitamin D concentration in newborn infants.](http://www.ncbi.nlm.nih.gov/pubmed/24473373) Bone 2014 61:186-90.

Schermel A, Mendoza J, Henson S, Dukeshire S, Pasut L, Emrich TE, Lou W, Qi Y, **L'Abbé MR.** [Canadians' perceptions of food, diet, and health - a national survey.](http://www.ncbi.nlm.nih.gov/pubmed/24465832) PLoS One. 2014 Jan 23;9(1):e86000.

[Emrich TE](http://www.ncbi.nlm.nih.gov/pubmed?term=Emrich%20TE%5BAuthor%5D&cauthor=true&cauthor_uid=24034717), [Cohen JE](http://www.ncbi.nlm.nih.gov/pubmed?term=Cohen%20JE%5BAuthor%5D&cauthor=true&cauthor_uid=24034717), [Lou WY](http://www.ncbi.nlm.nih.gov/pubmed?term=Lou%20WY%5BAuthor%5D&cauthor=true&cauthor_uid=24034717), **L'Abbe MR.** 2013.[Food products qualifying for and carrying front-of-pack symbols: a cross-sectional study examining a manufacturer led and a non-profit organization led program.](http://www-ncbi-nlm-nih-gov.myaccess.library.utoronto.ca/pubmed/24034717) [BMC Public Health](http://www.ncbi.nlm.nih.gov/pubmed/?term=Food+products+qualifying+for+and+carrying+front-of-pack+symbols%3A+a+cross-sectional+study+examining+a+manufacturer+led+and+a+non-profit+organization+led+program)13(1): 846-55.

Swinburn B, Sacks G, Vandevijvere S, Kumanyika S, Lobstein T, Neal B, Barquera S, Friel S, Hawkes C, Kelly B, **L'abbé M**, Lee A, Ma J, Macmullan J, Mohan S, Monteiro C, Rayner M, Sanders D, Snowdon W, Walker C. 2013. INFORMAS (International Network for Food and Obesity/non-communicable diseases Research, Monitoring and Action Support): overview and key principles, Obesity Reviews, 2013; 14(S1): 1-12.

Rayner M, Wood A, Lawrence M, Mhurchu CN, Albert J, Barquera S, Friel S, Hawkes C, Kelly B, Kumanyika S, **L'abbé M**, Lee A, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Sacks G, Sanders D, Snowdon W, Swinburn B, Vandevijvere S, Walker C. INFORMAS. 2013. Monitoring the health related labelling of foods and non-alcoholic beverages in retail settings, Obesity Reviews, 2013; 14(S1), 70-81.

**L'Abbé M**, Schermel A, Minaker L, Kelly B, Lee A, Vandevijvere S, Twohig P, Barquera S, Friel S, Hawkes C, Kumanyika S, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Rayner M, Sacks G, Sanders D, Snowdon W, Swinburn B, Walker C. INFORMAS. Monitoring foods and beverages provided and sold in public sector settings, Obesity Reviews, 2013; 14(S1), 96-107

Sacks G, Swinburn B, Kraak V, Downs S, Walker C, Barquera S, Friel S, Hawkes C, Kelly B, Kumanyika S, **L'Abbé M**, Lee A, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Rayner M, Sanders D, Snowdon W, Vandevijvere S. INFORMAS 2013. A proposed approach to monitor private-sector policies and practices related to food environments, obesity and non-communicable disease prevention, Obesity Reviews, 2013; 14(S1), 38-48.

Friel S, Hattersley L, Snowdon W, Thow AM, Lobstein T, Sanders D, Barquera S, Mohan S, Hawkes C, Kelly B, Kumanyika S, **L'Abbe M**, Lee A, Ma J, Macmullan J, Monteiro C, Neal B, Rayner M, Sacks G, Swinburn B, Vandevijvere S, Walker C. INFORMAS 2013. Monitoring the impacts of trade agreements on food environments, Obesity Reviews, 14(S1), 2013; 120-134.

Neal B, Sacks G, Swinburn B, Vandevijvere S, Dunford E, Snowdon W, Webster J, Barquera S, Friel S, Hawkes C, Kelly B, Kumanyika S, **L'Abbé M**, Lee A, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Rayner M, Sanders D, Walker C. INFORMAS. 2013. Monitoring the levels of important nutrients in the food supply, Obesity Reviews, 2013; 14(S1): 49-58.

Lee A, Mhurchu CN, Sacks G, Swinburn B, Snowdon W, Vandevijvere S, Hawkes C, **L'abbé M**, Rayner M, Sanders D, Barquera S, Friel S, Kelly B, Kumanyika S, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Walker C. INFORMAS 2013. Monitoring the price and affordability of foods and diets globally, Obesity Reviews, 2013; 14(S1), 82-95

Kelly B, King L, Baur L, Rayner M, Lobstein T, Monteiro C, Macmullan J, Mohan S, Barquera S, Friel S, Hawkes C, Kumanyika S, **L'Abbé M**, Lee A, Ma J, Neal B, Sacks G, Sanders D, Snowdon W, Swinburn B, Vandevijvere S, Walker C. 2013. INFORMAS, Monitoring food and nonalcoholic beverage promotions to children, Obesity Reviews, 2013; 14(S1), 59-69.

Brinsden H, Lobstein T, Landon J, Kraak V, Sacks G, Kumanyika S, Swinburn B, Barquera S, Friel S, Hawkes C, Kelly B, **L'abbé M**, Lee A, Ma J, Macmullen J, Mohan S, Monteiro C, Neal B, Rayner M, Sanders D, Snowdon W, Vandevijvere S, Walker C. 2013. Monitoring policy and actions on food environments: rationale and outline of the INFORMAS policy engagement and communication strategies, Obesity Reviews, 2013; 14(S1), 13-23.

Swinburn B, Vandevijvere S, Kraak V, Sacks G, Snowdon W, Hawkes C, Barquera S, Friel S, Kelly B, Kumanyika S, **L'Abbé M**, Lee A, Lobstein T, Ma J, Macmullan J, Mohan S, Monteiro C, Neal B, Rayner M, Sanders D, Walker C, 2013. Monitoring and benchmarking government policies and actions to improve the healthiness of food environments: a proposed Government Healthy Food Environment Policy Index, Obesity Reviews, 2013; 14(S1), 24-37.

Schermel A, Emrich TE, Arcand J, Wong CL, **L'Abbé MR**. 2013. Nutrition marketing on processed food packages in Canada: 2010 Food Label Information Program. Appl Physiol Nutr Metab. 2013; 38(6):666-72.

Scourboutakos MJ, Semnani-Azad Z, **L'Abbe MR.** 2013. Restaurant Meals: Almost a Full Day's Worth of Calories, Fats, and Sodium. JAMA Intern Med. 2013; 173(14):1373-4.

Gallo S, Comeau K, Vanstone C, Agellon S, Sharma A, Jones G, **L'Abbé M**, Khamessan A, Rodd C, Weiler H. 2013. Effect of different dosages of oral vitamin D supplementation on vitamin D status in healthy, breastfed infants: a randomized trial. JAMA. 2013; 309(17):1785-92

Emrich TE, Arcand J, **L'Abbé MR**. 2012. Front-of-pack nutrition labelling systems: a missed opportunity? Can J Public Health. 2012; 103(4):e260-2.

Scourboutakos MJ, **L’Abbé MR**. 2013. Sodium Levels in Canadian Fast-food and Sit-down Restaurants. Can J Public Health 2013; 104(1):e2-e8.

Food Monitoring Group: Dunford E, Webster J, Metzler AB, Czernichow S, Ni Mhurchu C, Wolmarans P, Snowdon W, **L'Abbe M**, Li N, Maulik PK, Barquera S, Schoj V, Allemandi L, Samman N, de Menezes EW, Hassell T, Ortiz J, Salazar de Ariza J, Rahman AR, de Núñez L, Garcia MR, van Rossum C, Westenbrink S, Thiam LM, MacGregor G, Neal B; Food Monitoring Group, Progress with a global branded food composition database. Food Chem. 2013; 140(3):451-7. doi: 10.1016/j.foodchem.2012.10.065. PMID: 23601391

Wong CL, Arcand J, Qi Y, Lou W, Mendoza J, Henson S, **L’Abbé MR.** Consumer Attitudes and understanding of low sodium claims on food: An analysis of healthy and
hypertensive individuals. Am J Clin Nutr. 2013; 97(6):1288-98.

Arcand J, Mendoza J, Qi Y, Henson S, Lou W, **L'Abbe MR**. 2013.Results of a National Survey Examining Canadians’ Concern, Actions, Barriers, and Support for Dietary Sodium Reduction Interventions. Can J Cardiol. 2013; 29(5):628-31.

Arcand J, **L’Abbe M**, Newton G. 2013. Hospital Salt --- Reply. Response to Morton Satin’s (Salt Institute) letter regarding study "Evaluation of sodium levels in hospital patient menus", JAMA Intern Med. 2013 Mar 11;173(5):391-2.

Bertinato J, Simpson JR, Sherrard L, Taylor J, Plouffe LJ, Van Dyke D, Geleynse M, Dam YY, Murphy P, Knee C, Vresk L, Holland N, Quach H, Mack DR, Cooper M, **L'Abbé MR**, Hayward S. 2013. Zinc Supplementation Does Not Alter Sensitive Biomarkers of Copper Status in Healthy Boys. J Nutr2013; 143(3):284-289 PMID: 23303874; doi:10.3945/jn.112.171306.

Krenosky S, **L’Abbé M**, Lee N, Underhill L, Vigneault M, Godefroy S, Ratnayake N. 2012. Risk Assessment of Exposure to Trans Fat in Canada. Int. Food Risk Anal. J. 2:1-15.

Emrich TE**,**Mendoza J, **L’Abbé MR**. Effectiveness of front-of-pack nutrition symbols: A Pilot Study with Consumers.  Can J Diet Pract Res. 2012;73:200-203 (DOI: 10.3148/73.4.2012.200)

Scourboutakos MJ, **L’Abbé MR.** 2012. Restaurant menus: calories, caloric density, and serving size. Am J Prevent Med. 43(3):249-255.

Dunford E et al, for The Food Monitoring Group. 2012. International collaborative project to compare and track the nutritional composition of fast foods.[BMC Public Health.](http://www.ncbi.nlm.nih.gov/pubmed/?term=International+collaborative+project+to+compare+and+track+the+nutritional+composition+of+fast+foods) 2012; 12:559.doi: 10.1186/1471-2458-12-559.

Arcand J, Steckham K, Tzianetas R, **L'Abbé MR**, Newton GE. 2012. Evaluation of sodium levels in hospital patient menus. Arch Intern Med*.* 2012; 172 (16) 1261-62. doi:10.1001/archinternmed.2012.2368

Campbell N, Willis K, **L’Abbe M,** Strang R, Young E. 2011. Canadian Initiatives to Prevent Hypertension by Reducing Dietary Sodium. Nutrients 3: 756-764. doi:10.3390/ nu3080756

*Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.236*Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.2368*Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.2368*Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.2368*Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.2368 *Arch Intern Med*. 2012;():1-2. doi:10.1001/archinternmed.2012.23Dunford E, Webster J, Metzler AB, Czernichow S, Ni Mhurchu C, Wolmarans P, Snowdon W, **L'Abbe M**, Li N, Maulik PK, Barquera S, Schoj V, Allemandi L, Samman N, Wenzel de Menezes E, Hassell T, Ortiz J, Salazar de Ariza J, Rahman AR, de Núñez L, Garcia MR, van Rossum C, Thiam LM, Macgregor G, Neal B. 2011. International collaborative project to compare and monitor the nutritional composition of processed foods. Eur J Prev Cardiol. 2012;19(6):1326-32. doi: 10.1177/1741826711425777

Pantazopoulos P, Kwong K, Lillycrop W, Wong L, Gao Y, Chalouh S, Samadhin M, Ratnayake WMN, Krenosky S, Dumais L, **L’Abbe MR.** 2011. Trans and Saturated Fat on Food Labels in Canada: Fact or Fiction? Can J Public Health 102 (4): 313-16.

Raiten DJ, Namasté S, Brabin B, Combs Jr G, **L’Abbe M**, Wasantwisut E. Darnton-Hill I. 2011. Executive summary—Biomarkers of Nutrition for Development: Building a Consensus. Am J Clin Nutr 94 (suppl): 633S-650S.

Cornish SM, Wood CM, **L’Abbé MR,** Gilani GS, Cooke GM, Curran IH, Xiao CW. 2011.Sex- and age-specific immunomodulatory effects of dietary soya protein isolate and isoflavones in rats. Br J Nutr 106:683-7.

1. **Proceedings/Book Chapters (Career Total = 15):**

Sacco SM, and **L’Abbé MR.** 2016. Calcium: Physiology. In: Caballero, B., Finglas, P., and Toldrá, F. (eds.) The Encyclopedia of Food and Health vol. 1, pp. 583-589. Oxford: Academic Press.

**C - Published Government/Agency Reports and/or reports submitted to government (\*denotes lead or significant contributing author) (Career Total = 44):**

*WHO Guideline on Sugars intake for adult and children\*.* Geneva, World Health Organization (WHO), 2015. Available at: http://www.who.int/nutrition/publications/guidelines/sugars\_intake/en/

Wong CL, **L’Abbé MR**. (2014) Food Labelling Handbook. Submitted to the Food and Agriculture Organization of the United Nations. (June 2014)

Emrich TE, **L’Abbe MR.** (2014) *Nutrition Labelling Education Research Synthesis*. Report submitted to Office Nutrition Policy and Promotion, Health Canada (January 2014)

*WHO Guideline: Sodium intake for adults and children\**. Geneva, World Health Organization (WHO), 2012. Available at: http://www.who.int/nutrition/publications/guidelines/sodium\_intake\_printversion.pdf

*WHO Guideline: Potassium intake for adults and children\**. Geneva, World Health Organization (WHO), 2012. Available at: http://www.who.int/nutrition/publications/guidelines/potassium\_intake\_printversion.pdf

Emrich TE, **L’Abbé M,** (2013) *Joint FAO/WHO Information Meeting on Front of Pack Nutrition Labelling.* Organized at the 41stmeeting of the Codex Committee on Food Labelling, World Health Organization. Available at: http://www.who.int/nutrition/events/2013\_FAO\_WHO\_workshop\_frontofpack\_nutritionlabelling/en/index.html

[*PAHO Salt Smart Americas- Guide for Action in the Countries\**. 2013](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21554&Itemid=)PAHO/WHO Expert Group on Cardiovascular Disease Prevention through Population-wide Dietary Salt Reduction, (2009-2011) and PAHO/WHO Technical Advisory Group on Salt, (2012-2015) (Lead Food Supply sub-group and Co-lead Surveillance sub-group)

PAHO/WHO Technical Advisory Group on Salt Reports: (i) [*A Guide for Setting Targets and Timelines to reduce the Salt content of food\**](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21493&Itemid=)2013; (ii) *Improving Public Health in the Americas by Optimizing Sodium and Iodine Intakes.*2013; (iii) [*Survey on knowledge, attitude and behaviour toward dietary salt and health protocol*](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21505&Itemid=). 2012; (iv) [*Questionnaire on Knowledge, Attitudes, Behaviour toward Dietary Salt and Health*](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21496&Itemid=). Available at: <http://www.paho.org/hq/index.php?option=com_content&view=article&id=2015&Itemid=4024&lang=en>

PAHO/WHO Expert Group on Cardiovascular Disease Prevention through Population-wide Dietary Salt Reduction Reports: (i) [*White Paper on Improving Public Health by Optimizing Salt and Iodine Intakes.*2011](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21507&Itemid=); (ii) [*WHO/PAHO Regional Expert Group for Cardiovascular Disease Prevention through Population-Wide Dietary Salt Reduction - Final Report\*.* 2011](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21491&Itemid=); (iii) [*Protocol for Population Level Sodium Determination in 24-Hour Urine Samples*](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21488&Itemid=) 2010; (iv) [*A Review of Methods to Determine the Main Sources of Salt in the Diet\**](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21497&Itemid=)2010; (v) [*Questionnaire on Knowledge, Attitudes, Behaviour toward Dietary Salt and Health*](http://www.paho.org/hq/index.php?option=com_docman&task=doc_view&gid=21496&Itemid=). 2010.

Scourboutakos MJ, **L’Abbé M.** (2013) *Menu-Labelling Survey: Testing the provision of different menu labelling information-Results of sub-group analysis of Toronto Residents*. Report submitted toToronto Public Health

Arcand J, **L'Abbe M**. (2012) *Evaluation Report of the Heart and Stroke Foundation of Canada’s Health Check Restaurant Dining Program in Ontario*. Report submitted to the Heart and Stoke Foundation of Canada and the Ontario Ministry of Health and Long Term Care (OMHLTC) (April 2012)

**L’Abbe MR,** Sunohara D, Wan J. (2011). *Environmental scan of public food procurement policies related to sodium.* Report submitted to the Public Health Agency of Canada, March 2011

**D - Abstracts (Career Total= >250)**

Ahmed M, Mandic I, Goodman L, Jacobs I, **L’Abbe MR.** (2016). Comparisons of dietary intakes of Canadian Armed Forces field rations in simulated hot, cold, and temperate temperatures with strenuous physical activities. International Society of Behavioural Nutrition and Physical Activity, Cape Town, Africa, June 7-12, 2016.

Jessri M, Sadighi P, Toofani N, Woods L, **L’Abbe MR.** (2016). Unheard voices of Iranian immigrants with type 2 diabetes: A Canadian focused ethnographic study. Dietitians of Canada Conference, Winnipeg, Manitoba, June 8-11, 2016.

Franco-Arellano B, Labonté ME, Bernstein J, and **L’Abbé MR**. (2016). Is the nutritional quality of products marketed as gluten-free comparable to those sold as non gluten-free? An analysis in the Canadian pre-packaged food supply. Dietitians of Canada Conference, Winnipeg, Manitoba, June 8-11, 2016.

Franco-Arellano B, Bernstein J, Noorhosseini S, Schermel A and **L’Abbé MR**. (2016). Food Label Information Program using Big Data: Continuous Monitoring of Nutrition Marketing in Canada. Canadian Nutrition Society Conference, Ottawa, Ontario, May 5-7, 2016.

Ahmed M, Mandic I, Goodman L, Jacobs I, **L’Abbe MR.** (2016). Validation of a popular calorie counting tablet application with a weighed food record. Canadian Nutrition Society Conference, Ottawa, Ontario, May 5-7, 2016.

Jessri M, Lou W, **L’Abbe MR.** (2016). Different techniques for handling energy intake misreporting: Evidence from the Canadian national nutrition survey. Canadian Nutrition Society Conference, Ottawa, Ontario, May 5-7, 2016.

Schermel A, Arcand J, Bernstein J, Jefferson K, **L’Abbé MR.** (2016). Caloric density and relative contribution to total energy from macronutrients in 2013 food supply. Canadian Nutrition Society Conference, Ottawa, Ontario, May 5-7, 2016.

Labonté ME, Mulligan C, and **L’Abbé MR.** (2016). Is the nutritional quality of foods marketed to children comparable to that of foods marketed to a general audience? An analysis of the Canadian packaged food supply. Canadian Nutrition Society Conference, Ottawa, Ontario, May 5-7, 2016.

Bernstein J, **L’Abbe MR.** (2016). The Health Canada Proposed %DV for total sugars is not indicative of healthier beverages. Canadian Public Health Association Conference, Toronto, Ontario, June 13-16, 2016.

Labonté ME, Noorhosseini S, Bernstein J, Franco Arellano B, Ahmed M and **L’Abbé M.** (2016). Testing the validity of the 2014 Health Canada Surveillance Tool Tier System: An analysis based on breakfast cereals and yogurts available in the Canadian marketplace. Canadian Public Health Association Conference, Toronto, Ontario, June 13-16, 2016.

Ahmed M, Mandic I, Goodman L, Jacobs I, **L’Abbe MR.** (2016). Dietary Intakes of Canadian Armed Forces Field Rations Compared to the Dietary Reference Intakes. (2016) Experimental Biology, San Diego, United States, April 2-6, 2016.

Scourboutakos M, **L’Abbe MR.** (2016). Does Installing “Healthy Eating Information” in a University Dining Hall Change Students’ Food and Beverage Choices? Experimental Biology, San Diego, United States, April 2-6, 2016.

Jessri M, Lou W, **L’Abbe MR.** (2016). Adherence to the 2015 Dietary Guidelines for Americans (DGA) and Risk of Healthy and Unhealthy Obesity among Canadian Adults. Experimental Biology, San Diego, United States, April 2-6, 2016.

Labonté ME, Noorhosseini S, Bernstein J, Ahmed M and **L’Abbé MR.** (2016). Are Foods of Higher Nutritional Quality More Expensive Than Their Less Healthy Counterparts? An Analysis of Canadian Packaged Foods. Experimental Biology, San Diego, United States, April 2-6, 2016.

Ahmed M, Mandic I, Ko C, Smith I, Sullivan-Kwantes W, Goodman L, Jacobs I, **L’Abbe MR**, (2015). Dietary Intakes of CAF Personnel Consuming Field Rations during a Winter Weather Field Trial. Canadian Institute of Military and Veteran’s Health Research Forum, Quebec City, Quebec, Nov 22-26, 2015.

Jessri M, Lou W, L’Abbe MR. (2015). Following the 2015 Dietary Guidelines for Americans (DGA) leads to a more nutrient-dense diet and lower risk of obesity. International Conference on Diet and Physical Activity Methods (ICDAM), Brisbane Australia September 2015.

L’Abbe MR, Jessri M, Nishi S. (2015). Evaluating the discrimination of nutrient thresholds in the 2014 Health Canada Surveillance Tool Tier System. International Conference on Diet and Physical Activity Methods (ICDAM) Brisbane Australia September 2015.

Labonte ME, L'Abbe MR. (2015). Food Fortification – Successes from the Past and Moving into the Future…A New Role for Nutrient Profiling. 12th International Congress on Engineering and Food, Quebec City, June 2015.

Schermel A, Mendoza J, Lou W, Qi Y, L’Abbe MR.(2015). Comparison of Consumer Perceptions about Dietary Fat between Overweight and Normal Weight Individuals. International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Edinburgh Scotland, June 2015.

L'Abbe MR, Schermel A. (2015). Sodium Messaging on Food Packages Improves Consumer Understanding of Sodium Levels on the Nutrition Facts Table. International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Edinburgh Scotland, June 2015.

Jessri, M. Lou, W.L. L’Abbe, M.R.(2015). Different techniques for handling energy intake misreporting: Evidence from the Canadian national nutrition survey. Canadian Nutrition Society, Winnipeg, Canada, May 28, 2015.

Noorhosseini S, **L'Abbe MR**. Supplemented foods in the Canadian food supply. Canadian Nutrition Society Annual Conference, Winnipeg, Canada, May 28, 2015.

Bernstein J, **L'Abbe MR**. Evaluating the frequency and use of sugar-based ingredients in the Canadian food supply (2013). Canadian Obesity Summit, Toronto, Canada, April 29, 2015.

Ahmed M, Arcand A, Scourboutakos M, Schermel A, **L’Abbe MR**. The amount and sources of sugar intake in Canadian adults. Experimental Biology, Boston, United States, March 30, 2015.

Murray C, **L'Abbe MR**. A Comparison of the Healthfulness of Prepackaged Children's Foods from Participants and Non-Participants of the Canadian Voluntary Code on Marketing to Children. Experimental Biology, Boston, United States, March 28, 2015.

Bernstein JT and **L'Abbe MR**. Evaluating the Discrimination of Sugar Content Thresholds in the Canadian Nutrient File Classification System. Experimental Biology, Boston, United States, March 28, 2015.

Ahmed M, Arcand J, Schermel A, **L'Abbe MR**. Analysis of the Dietary Intakes of Canadian Adults. Experimental Biology, Boston, United States, March 30, 2015.

Arcand J, Jefferson K, Schermel A, **L'Abbe MR**. Changes in Sodium Levels in Canadian Packaged Foods: 2010 to 2013. Experimental Biology, Boston, United States, March 30, 2015.

Schermel A, Arcand J, Kutlesa D, Jefferson K, **L’Abbe MR**. An updated analysis of trans fatty acids in Canadian packaged foods. Experimental Biology, Boston, United States, March 28, 2015.

**L’Abbé MR.** Food Fortification – Successes from the Past and Moving into the Future. International Union of Food Science and Technology Conference Symposium on Food Fortification, Montreal QC, Aug 19, 2014.

**L’AbbéMR**, Emrich T, Murray C, Scourboutakos M. 2014.NutrientProfiling – Setting the foundation for defining healthy foods. International Union of Food Science and Technology Conference Symposium on Harmonization of Regulations, Montreal QC, Aug 20, 2014.

Arcand J, Abdulaziz K, Bennett C, **L’Abbé MR**, and Manuel DG. 2014. Development of an evidence-based “Salt Calculator” to screen for the amount and sources of dietary sodium. Canadian Nutrition Society Conference, St. John’s, NL, June 2014.

Schermel A, Wong C, **L'Abbe MR**. 2014. Are foods with fat claims beneficial for weight management? Canadian Nutrition Society Conference, St. John’s, NL, June 2014.

Jessri M, **L’Abbe MR**. 2014. Barriers to self-management of diabetes: a pilot ethnographic study among Iranian patients in Toronto. Dietitians of Canada National Conference, Ottawa, ON, June 2014.

Arcand J, Fraser J, Wilkinson L, Trang S, Steckham K, Fletcher H, Oliphant H, **L’Abbe MR**, Tzianetas R. 2014. A multi-center assessment of the nutritional quality of hospital patient menus. Experimental Biology, San Diego, California, April 30 2014.*(selected for oral presentation)*.

Arcand J,Scourboutakos MJ, Au JTC, **L’Abbe MR**. 2014. Trends in trans fatty acid levels in the Canadian food supply. Experimental Biology, San Diego, California, April 30 2014.

Emrich TE, Qi Y, Cohen JE, Lou WY, **L'Abbe MR**. Front-of-pack symbols are not a reliable indicator of products with healthier nutrient profiles. Experimental Biology, San Diego, California, April 30 2014. *(selected for oral presentation)*.

Jessri M, **L’Abbe MR.** 2014. Dietary patterns are associated with obesity among Canadian adults. Experimental Biology, San Diego, California, April 30 2014.

Murray CW, Mansuri S, **L'Abbé MR**. 2014. The challenge of classifying foods and beverages marketed to children. Experimental Biology, San Diego, California, April 30 2014.

Scourboutakos M, **L’Abbe M**. 2014.Comparing the nutritional quality of kids’ and adult meals at Canadian chain sit-down restaurants. Experimental Biology, San Diego, California, April 30 2014. *(selected for oral presentation)*.

**L’Abbe MR**, Emrich T, Schermel A, Wong C, Murray C. 2013. The Nutrition Facts Table – has Front of Pack Labelling left the back of pack behind? IUFoST Symposium on The value of nutrition labelling: Has nutrition labelling reduced any chronic diseases? IUNS International Congress of Nutrition, Granada, Spain Sept 15-20, 2013. (Abstract PS5-71A; T7-7.4)

**L'Abbe M,** Murray C, Emrich T. 2013. Nutrient Profiling to Develop a Model for Front-Of-Pack Labeling: Current Issues and Considerations. WHO Symposium on Nutrition Profiling.IUNS International Congress of Nutrition, Granada, Spain Sept 15-20, 2013. (Abstract PS4-43; T3-3.4)

**L’Abbé MR,** Schermel A, Kelly B, Lee A, Minaker L, Twohig P, Sanders D, Rayner M for INFORMAS. 2013. The INFORMAS Framework for Monitoring Foods In Public Sector Settings. IUNS International Congress of Nutrition, Granada, Spain Sept 15-20, 2013. (Abstract PO1380)

Emrich T, **L’Abbe M.**2013. Front-of-pack Nutrition Rating Systems Influence Consumers Perceptions of the Overall Healthiness and Nutrient Content of Foods When Used Without the Nutrition Facts Table. Canadian Public Health Association Annual Conference. Ottawa, June 9-12, 2013. *(selected for oral presentation)*.

Murray C, **L’Abbe M**. 2013. Applying a nutrient profiling model to compare the nutritional quality of Canadian breakfast cereals marketed to children compared to those for adults. Canadian Nutrition Society Annual Meeting, Quebec City, June 2013.

Schermel A, **L’Abbe M**. 2013. Parents’ concerns about their children’s sodium intakes and lack of available sodium-reduced cheese options. Canadian Nutrition Society Annual Meeting, Quebec City, June 2013.

Wong C, Qi Y, Mendoza J, **L’Abbe M**. 2013. Evaluating Canadian consumer attitudes and understanding of the plant sterol health claim: a randomized mock package experiment. Canadian Nutrition Society Annual Meeting, Quebec City, June 2013.

Arcand J, Au TC, **L’Abbe MR**. 2013 Examination of sodium levels in the Canadian food supply: quantitative estimates and comparisons against national benchmarks. Canadian Nutrition Society, Quebec City, PC, May 2013.

Wong C, Arcand J, Mendoza J, Qi Y, **L’Abbe M.** 2013. Consumer attitudes and misconceptions of foods with sodium claims: Results of a randomized mock label experiment. Experimental Biology 2013, Boston, Massachusetts, USA, April 20-24, 2013 (*selected for oral presentation*).

Arcand J, Mendoza J, Qi Y, Lou W, **L’Abbe M**. 2013 Canadians are concerned about dietary sodium, report barriers to sodium reduction, and highly support government interventions to lower sodium intakes: Results of a national survey. Experimental Biology 2013, Boston, Massachusetts, USA, April 20-24, 2013 (*selected for oral presentation*).

Scourboutakos M, **L’Abbé M**. 2013. Restaurant meals – Almost an entire day’s worth of calories, fats and sodium. Experimental Biology 2013, Boston, Massachusetts, USA, April 202013 (*Finalist and Oral Presentation in the ASN Graduate Student Research Competition*).

Shakur YA, Lou W, **L’Abbe M**. 2013. Examining the effects of increased fortification on dietary inadequacy in Canada – Experimental Biology 2013, Boston, Massachusetts, USA, April 20 2013.

Schermel A, **L’Abbe M**. 2013.Sodium Claims or Health Focused Messages Help Consumers to Identify Sodium Levels in Foods Better than the Nutrition Facts Table. Experimental Biology 2013, Boston, Massachusetts, USA, April 20-24, 2013 (*selected for oral presentation*).

Gallo S, Weiler H, Trussler K, Vanstone C, Sharma A, Mitchell J, Kahmessan A, **L’Abbé M**, Rodd C, 2013. Is it time to update normative values for ionized calcium and urine calcium: creatinine ratios in Canadian infants?" Abstract American Society for Bone Mineral Research

Murray C, Mansuri S, **L’Abbe M**. Comparing the nutritional content of breakfast cereals marketed to children and adults, respectively in Canada. NRC and OPHA Marketing Towards Children Event, Toronto, February 25, 2013.

Arcand J, Mendoza J, Qi Y, Lou W, **L’Abbe M**. 2012.Canadian attitudes regarding dietary sodium and government-level policy interventions to lower Canadian sodium intakes. 2012 Canadian Hypertension Congress, Toronto, October 27, 2012 (*selected for oral presentation*).

**L’Abbe M**R. 2012. Canada's Food Guide at 70- Is it still meeting the needs of the Canadians?

Abstract CSPI Workshop "Championing Public Health Nutrition 2012"

**Scourboutakos M**, L’Abbé M. 2012. Sodium levels in Canadian restaurant foods. Canadian Hypertension Congress (Oct. 27, Toronto) (selected for an oral presentation).

**L’Abbe MR**, Qi Y 2012. Iron intakes do not predict iron bioavailability. Abstract International Congress of Meat Science and Technology, Montreal, July 2012

Scourboutakos M, **L'Abbe M.** 2012. Menu-labelling: How do women and men respond? Women’s College Research Institute – Graduate Student’s Research Day, Poster, Toronto, May 14, 2012

Arcand J, Toledo T, Schermel A, Lim M, **L’Abbe M.**2012.Unintended differences in nutritional composition and food prices between high and low sodium foods. Dietitians of Canada National Conference, Toronto, June 14-16, 2012.

Arcand J, Schermel A, Lim M, **L’Abbe M.**  2012. Evaluation of sodium levels in the Canadian food supply. Dietitians of Canada National Conference, Toronto, June 14-16, 2012.

Lim M, Emrich T, **L’AbbeM.**2012. The use of front-of-pack nutrition rating systems on new breakfast cereal labels (1999-2011) Dietitians of Canada National Conference, Toronto, June 14-16, 2012.

EmrichT, **L’Abbe M.**2012.Consumer attitudes towards a single, standardized front-of-pack nutrition rating system for Canada.Dietitians of Canada National Conference, Toronto, June 14-16, 2012.

Gallo S, Comeau K, Vanstone C, Agellon S, Jones G, **L’Abbé M,**Khamessan A, Sharma A, Rodd C, WeilerH. 2012. Supplementation with oral vitamin D3 (400 IU/day) supports plasma levels of 25-hydroxyvitamin D of 50 nmol/L but higher intakes are required to reach 75 nmol/L in breast fed infants. Canadian Paediatric Society 89th Annual Conference, London, Ontario, June 6-9, 2012 (*Selected for an oral presentation)*.

Scourboutakos M, **L'Abbe M.** 2012.Calories, portion size and caloric density -implications for restaurant calorie labeling.Accepted, Experimental Biology, San Diego CA, April 21-25, 2012 (*selected for Student poster competition*).

Arcand J, Steckham K, Klin L, Nairn J, Tzianetas R, Newton GE, **L’Abbe MR**. 2012. Sodium levels in hospital patient menus exceed recommended levels Experimental Biology 2012, San Diego, California, USA, Apr 21-25, 2012 (*Selected for an oral presentation*)

EmrichTE, Mendoza JE, **L’Abbe MR.** 2012.Evaluating the impact of the Nutrition Facts table and front-of-pack nutrition rating systems on consumers' product healthiness evaluations.Experimental Biology, San Diego CA, April 21-25, 2012.

Schermel A, Mendoza JE, **L’Abbe MR.** 2012.Effect of fat claims on consumer perceptions about product helpfulness for weight management..Experimental Biology, San Diego CA, April 21-25, 2012.

Wong CL,**L’Abbe MR.**2012. Does High Blood Pressure Increases Perceived Healthiness of Foods with Sodium Claims on the Label?  Experimental Biology 2012, San Diego, California, USA, Apr 21-25, 2012 ***(CW was awarded School of Graduate Studies Fall 2011 Conference Grant)***

**L’Abbe MR.** 2012. The role of law and regulation in the improvement of public health nutrition. Abstract World Public Health Nutrition Congress, Rio de Janeiro, Brazil, April 27-30, 2012

**L’Abbe MR.** 2012. Returning to natural sodium levels in food supplies: why and how. Panellist*, WHO/PAHO* forum, World Public Health Nutrition Congress, Rio de Janeiro, Brazil, April 27-30, 2012

Scourboutakos M, **L'Abbe M.** 2012.Analyzing the Nutritional Profile of Sit-Down andQuick-Service Restaurants and the Implications for Calorie Labelling. The OntarioPublic Health Association Convention, Toronto ON, April 5-8, 2012. (*Selected for OralPresentation)*

**L’Abbe MR**, Qi Y, Lou WY, Cooper M. 2011.Modelling the Iron Bioavailability of the Canadian Diet. Trace Elements in Man and Animals-14 (TEMA-14), Enshi China, Sept 2011.

Qi Y, Lou WY, Cooper M, **L’Abbe MR**. 2011. Food Iron Bioavailability of the mixed Canadian Diet. Trace Elements in Man and Animals-14 (TEMA-14), Enshi China, Sept 2011. ***(YQ received a trainee travel award and 3rd place overall)***

**L'Abbe MR**, Qi Y, Lou WY. 2011. Iodine Status of the Canadian Population. TEMA-14, Enshi China, Sept 2011.

**L'Abbe MR**, Cockell KA, Robertson B, Benkhedda K, Giroux A. 2011.As sodium goes down - are we getting enough iodine? TEMA-14, Enshi China, Sept 2011.

Gallo S, Rodd C, Vanstone C, Agellon S, **L’Abbé M**, Khamessan A, Weiler H. 2011. Lumbar spine bone mineral density is enhanced in breast fed infants receiving 800 or 1200 IU of vitamin D daily from 4 to 20 weeks of age. Am Assoc Bone and Mineral Research ASBMR, San Diego Ca, September 16 - 20, 2011

Emrich T, Schermel A, **L’Abbe M.** 2011.Development of a Canadian Food Label Information Program (FLIP) database. Dietitians of Canada Conference, Edmonton, AB, June 16-18, 2011. Can J Diet Pract Res 72(3), e188.

**L’Abbe MR**, Wong C. 2011. Health Claims in Canada – The Current Regulatory Landscape. Symposium on Health Claims in Canada: An Update. Canadian Nutrition Society Annual Meeting, Guelph, ON, June 2011.

Schermel A, Mendoza J, Henson S, **L’Abbé MR.** 2011.Canadian attitudes regarding the availability of “healthy” foods. Canadian Nutrition Society Annual Meeting, Guelph, ON, June 2011.

Emrich T, **L’Abbe M.**2011.Nutritional quality front-of-pack nutrition rating systems on breakfast cereals in the Canadian marketplace. Canadian Nutrition Society Meeting, Guelph, ON, June 2011. Appl Physiol Nutr Metab 36(3), 448.**(*TE was awarded a CNS student travel award, a UofT SGS Conference Travel Grant and was awarded the George Beaton Award for the top presentation in Public Health Nutrition)*.**

**L’Abbe MR**, Wong C 2011. Evaluation of the current regulatory landscape for health claims in Canada. Therapeutic Applications of Functional Foods Conference. Canadian Centre for Agri-Food Research in Health and Medicine. Winnipeg May 30-Jun 1, 2011

**L’Abbe MR**, Qi Y, Cooper M, Lou W. 2011. Iron Bioavailability of the diets of Canadians. Experimental Biology 2011, Washington DC, USA, April 9-13 2011.

Schermel A, Boenarto R, **L’Abbe MR**. 2011. Sodium-Reduced Foods - Are They Any Healthier? Experimental Biology 2011, Washington DC, USA, April 9-13 2011 **(*AS was awarded a UofT SGS Conference Grant)***

Qi Y, Lou WY, Cooper M, **L’Abbe MR.**2011. Iron bioavailability estimation based on assigned heme factor in the Canada National food intake survey and nutrient database. 35thNational Nutrition Database Conference. Bethesda, MD, USA, April 8, 2011.

Schermel A, **L’Abbé MR**2011.Nutrition Profile of Foods Meeting Sodium Reduction Targets.35th National Nutrition Database Conference. Bethesda, MD, USA, April 8, 2011. **(*AS was awarded a young researcher travel award to attend this meeting*)**