Legend to Supplementary Figure S1.

Supplementary Figure S1. Development process for the Eating Well with Canada’s Food Guide 2007

*Satisfactory: Meeting the target nutrient requirement for pre-specified nutrients

[Oxford University Press]. Reproduced by permission from Katamay et al. (2007)
Supplementary Figure S1.

**Phase 1: Food Grouping**
- Food groupings for modeling groups created (Modeling groups)

**Phase 2: Data Sources**
- FoodEx foods classified into modeling groups
- Food choices from Federal-Provincial surveys classified into modeling groups

**Phase 3: Food Composites/Popularity**
- Food composites created for each modeling group
- Food popularity lists created for each modeling group for each age and gender

**Phase 4: Modelling**
- Findings from review of foods and risk of chronic disease
- Amounts of food composites manipulated to develop food intake pattern (Step 1 modeling)
- 500 simulated diets created for each age and gender group using pattern from Step 1 (Step 2 modeling)
  - Distributions of energy, macronutrients and selected nutrients assessed using DRI standards
  - Satisfactory results achieved

**Phase 5: DRI Modeling Targets Used**
- Input from consultation
- Draft food intake pattern
  - Final food intake pattern